

# SPIRAL DYNAMICS INTEGRAL

“I”

**Self and Consciousness**

*Non-Measurable Realm*

Individual Interior

**UPPER LEFT**

**INVISIBLE**  
 • States of Mind  
 • Levels of Psychological Existence

“It”

**Brain / Organism and Language**

*Measurable Realm*

Individual Exterior

**UPPER RIGHT**

**VISIBLE**  
 • Biological Features  
 • Information Processing

